

# A Step-by-Step Guide to the Application of ZIPZOC Zinc Oxide Medicated Stocking

1. Assess the length and size of the limb to be dressed and cut the stocking to size, remembering that when the stocking is stretched laterally, it will shorten slightly. Alternatively, if the stocking is too long, the excess may be simply folded back on itself rather than cutting away.
2. To apply, simply roll the stocking up onto the limb in a similar way to applying a sock. The stocking may be applied in direct contact with the skin or wound.
3. Pull up towards the knee area and smooth away any wrinkles or folds before covering with a retention bandage, garment, or compression therapy system\*.
4. To remove **ZIPZOC**, roll away down the limb, discard and re-apply a new sterile **ZIPZOC** stocking.

\*Compression therapy systems should only be applied on the advice of a clinician following thorough assessment.

## NOTE

**ZIPZOC** may be used in other parts of the body, e.g. on an upper limb to treat skin conditions. Cut the stocking to size, apply to the affected area and cover with a retention bandage or garment.



For further information on the application of **ZIPZOC** Medicated Stocking please visit our short product tutorial video at:



[gaiamedical.com.au](http://gaiamedical.com.au)

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**ZIPZOC** (zinc impregnated medicated stocking) **Abbreviated prescribing information** Refer to summary of product characteristics before prescribing. **Composition:** A sterile rayon stocking impregnated with an ointment containing 20% Zinc Oxide. Each stocking (80cm x 7cm) contains about 41.5g of ointment. **Therapeutic indications:** Aid to the treatment of chronic leg ulcers and other associated skin conditions. Where chronic venous insufficiency exists, the medicated stocking can be used as a primary contact layer under compression bandaging or hosiery. **Method of Administration:** Because ZIPZOC is preservative free, it must be changed no less frequently than weekly. For topical application, ZIPZOC should be applied to cover the lower leg from the base of the toes to below the knee. All folds should be smoothed out. To protect clothing, a suitable outer bandage should be worn. If chronic venous insufficiency exists, ZIPZOC may be used as a primary contact layer under compression therapy and may be left in situ for one week, before re-application. **Contra-indications:** Arterial leg ulcers. Known hypersensitivity to zinc oxide or the excipients in the ointment. **Special Warnings and Special Precautions:** None known. **Interactions:** None known. **Pregnancy and Lactation:** There is no evidence to suggest ZIPZOC should not be used during pregnancy. **Undesirable Effects:** The skin of leg ulcer patients is easily sensitised to some topical medications. ZIPZOC contains no preservatives thereby reducing the risk of skin reactions. Reported reactions include, rash, erythema, itching and maceration of the wound edge. If the outer bandage is inappropriate or the medicated stocking is not changed with sufficient frequency it can cause the stocking to dry out. **Excipients:** Liquid Paraffin Ph. Eur. White Soft Paraffin BP. **Incompatibilities:** None reported. **Shelf Life:** 3 years. **Storage:** At or below 30°C. Keep all medicines out of the reach of children. **Packaging:** Polyethylene aluminium foil laminated pouches, each pouch containing a single medicated stocking. The outer carton will contain either 4 or 10 pouches. **Legal Category:** P **Market authorization number:** PL44616/0002 **Date of first authorisation/renewal of the authorisation:** 01 October 2006 **Date of revision of text:** 26 October 2018 Trade Mark of Evolan Pharma AB **Date of preparation:** October 2018